



Class: Sumi-e, Painting from the Heart

Instructor: Susan Frame

Class will focus on contemporary interpretations of landscapes and flowers. Emphasis is on brushwork, composition, and experimental techniques including the use of transparent and opaque colors.

Susan will bring one-ply xuan paper for everyone to purchase as needed at class, approximately \$2.35/sheet (27" x 54" - to use, we'll cut to smaller sizes.) You may use your own unsized xuan paper instead of purchasing it at class.

Susan can bring ink, Chinese colors and brushes for new or returning students. **Please let the Art Colony know of your needs before July 22.**

Susan will bring ink, brushes, and Chinese colors for anyone registering last minute.

If you'd like to purchase supplies from Susan:

Approximate cost for basic supplies including ink, 18-tube box of Magi-Wap Chinese painting colors, and 3 brushes: \$75 and up, depending on which brushes you choose. (\$75 covers one White Cloud brush, one sheep hair brush #3, one leaf vein or little skillful brush, one bottle Zhong Hua or Moon Palace ink, 1 box Magi-Wap Chinese painting colors, 4 sheets of xuan paper.) A variety of other brushes are also available for additional costs. These prices are not fixed and may change.

If you'd like to buy supplies elsewhere you should look for:

- Orchid Bamboo brush Large, optional
- White Cloud brush Large, required
- Sheep Hair brush #3, #2, or Large (not hake' or flat), required
- Leaf vein or little skillful brush, required
- Zhong Hua or Moon Palace Ink (not India ink), required
- Unsized (raw) xuan paper (sometimes called hsuan or shuen paper), required. Standard sheet size is 27" x 54". You'll need a minimum of 4 standard size sheets.
- Magi-Wap Chinese Painting Color - On Amazon, Yasutomo sells the Magi-Wap 12-color set under their own Yasutomo brand. Search Amazon for "Yasutomo Chinese Authentic Watercolor Set 12 Colors". The picture show 12 tubes of painting color and should cost \$11-\$12. There are a number of Amazon suppliers who sell this Yasutomo set, but as far as I know, Amazon is the only place in the U.S. besides me that you can find it. Note: Marie's Chinese Painting Colors do not work for the pouring and splashing work that we'll be doing in this class.

Color is optional. You may use black ink without color the entire time if you wish.

Demonstrations will include both black ink and color. If you plan to use color, you will need either tube watercolors (Winsor Newton, Holbein, Daniel Smith, etc) or Magi-Wap Chinese painting colors. You may use both types of color. If you plan to bring watercolors, you'll want



indigo, gamboge, quinacridone red, quinacridone rose or fuschia, sepia, burnt sienna or your favorite browns, permanent white gouache or titanium white gouache, and your favorite colors.

Class includes a wet mounting/paper stretching demo on how to get all the wrinkles out of the painting. If you'd like to try it, you'll need a 1/4" thick or more plywood board (with as few knot holes as possible), at least 17" x 24" (could be larger, but shouldn't be smaller.)

Checklist of supplies you will need (some are available for purchase at class, see previous descriptions):

- Sumi-e brushes.
- Zhong Hua or Moon Palace Ink.
- Chinese painting color and/or watercolor (optional) Note: Marie's Chinese Painting Colors do not work for the pouring and splashing work we'll be doing in this class.
- Unsized (raw) xuan paper.
- You may also use Chinese powdered mineral colors and glue.
- Sketchbook or paper, pen/pencil, whatever you like to use for sketching.
- 2 flat saucers for ink.
- Minimum of 5 small flat plates or saucers for color.
- Watercolor palette for location painting (optional).
- 2 large yogurt containers or other for rinsing brushes (The Art Colony has extras)
- LOTS of Newspaper.
- Old hand towels or lots of paper towels for blotting brush.
- Hair dryer (optional).
- Spray bottle.
- Blue masking tape or fabric/paper tape.
- Sunglasses, hat, sunscreen, bug dope.
- Four furniture risers or plastic flower pots to adjust the height of the tables – allows you to easily stand while painting, without bending over the table (optional).
- Backpack or whatever you want to use to carry your stuff on location. We will not be doing any serious hiking, but we will walk around a bit at our locations. Think light if you plan to paint.
- Plywood board (with few to no knotholes), at least ¼" thick, minimum size 17" x 24" if you want to learn to wet mount your painting (optional).
- Board to use as flat undersurface if you choose to paint on location. You can use cardboard, foam core, drawing board. You'll need bulldog clips/masking tape to keep paper from flying off. If you're traveling from out-of-town it might be difficult to haul this along. (Susan has some extras, so let her know via the Art Colony and she'll bring one for you.)
- If you have a small camping stool or painter's stool that's easy to carry, bring it along if you want something to sit on (other than a rock) when you sketch/paint on location (optional).

Student Learning Outcomes

- Learn or go more in depth on contemporary Sumi-e techniques, including brushwork, pouring and splashing, and composition.
- Students will start and potentially complete several pieces throughout the week of class.