



Class: Spontaneous Process Painting

Instructor: Bevie LaBrie

Please Bring the Following

- One chosen non-paper surface
 - medium to large; wood, drywall, canvas, etc.
 - At least 3 x 5 or 4 x 4-feet
- Brush set
- Favorite writing journal and writing tool
- Sponge/Mark Making Tools
- 10 – 15 pre-cut images without words to be collaged
- Art materials of choice including any of the following:
 - Acrylic
 - Watercolor (Bevie recommends Dick Blick Liquid WaterColor Set)
 - Pastel
 - Bevie recommends Portfolio Series Water Soluble Oil Pastels
 - Oil
 - Collage images
 - Mod Podge
 - Black gel pens
 - Water soluble pencils/crayons/oil pastels

Optional: Any additional textured papers or found objects for stamping and mark making.

Student Learning Outcomes

- Students will discover how creating mixed-media work on one surface reflects their life experience, wisdom, desire, joy, resistance, and their own visual voice.
- Themes such as mindfulness, acceptance, trust in self, and painting as journey rather than as destination will be woven throughout.

