

## List of Supplies

**Class:** Bringing Movement and Depth to Your Paintings

**Instructor:** Sandi Pillsbury

**Students are asked to bring the following supplies:**

### I. Acrylic Paint Supplies

These are the MINIMUM supplies you will need to bring with you.

- A variety of acrylic brushes \*\* (depending on how large a painting you plan to do, keeping in mind that we only have 3 days) \*\*Acrylic brushes must be kept separate from oil/alkyd brushes.
- A “triad” of colors to use for mixing: red, yellow and blue to make orange, green and purple; white (titanium recommended), and a surface to mix colors on (palette, palette paper, etc.)
- NOTE: Acrylic paints will be used ONLY for the under painting of your image.
- Water containers and rags/paper towels (the Art Colony does supply additional paper towels)

### II. Oil and or Alkyd Supplies

I like to use a “prismatic palette,” as these colors offer a good variety of colors for whatever your subject matter is:

- Titanium white
- cadmium yellow light
- cadmium yellow medium
- cadmium red medium
- alizarin crimson
- cerulean blue (or manganese)
- cobalt blue
- French ultramarine blue



Optional colors :

- burnt sienna
- viridian
- dioxazine purple
- I HIGHLY recommend instead of black, you use Burnt Sienna – I will show you how to mix for a wonderful dark using this

### III. Brushes, etc.

- A variety of brushes: for example: #6 or #8 round brush, #8, #10, or #12 Flat brush, #6 or #8 Filbert; and a small round or Filbert brush for details (i.e. #2 or #4 sable round or Filbert).
- Odorless mineral spirits – I use Gamsol, with a container for this to clean your brushes, etc.
- A variety of palette knives for mixing and applying paint, rags/paper towels, a palette for lying out and mixing your colors.

### III. Painting surfaces and Easels

- The Art Colony has floor easels for your use and 2 table easels. If you want to be guaranteed a table easel, please first check in with the Art Colony to confirm one is available or bring your own.
- You can paint on either canvas panels or stretched canvases.
- I would recommend that you keep your maximum size of your paintings no larger than 16" x 20"; for those of you who are not as accomplished, a good size to start with is a 9" x 12" or 11" x 14"

### IV. Other Misc Supplies

- Photographs or small items from which to paint from.
- Rubber gloves if you are sensitive to the paint and painting mediums.
- If you would like to TRY alkyds, I will have a supply for you to use for a fee: \$10.00.
- Be sure you bring all supplies with you as the art store in Grand Marais has a limited supply of art materials. Joy & Co. is located in downtown Grand Marais, and they have been most helpful in securing a nice variety of painting supplies.



- If you have any art books that you are currently using for techniques or inspiration, please bring those to share. I will have a variety of these books that I have used over the years.

## V. Brands and Suppliers

- I usually order my supplies from Cheap Joe's or Dick Blick. I prefer Gamblin Oils, and for Alkyds-Winsor & Newton "Griffin Alkyd".
- Winsor & Newton is also a good brand for oils. There are less expensive brands you can get, but I have found that the colors are not as pure and unless I am just using them for painting large areas of a solid color that I will eventually paint over using the glaze technique, I prefer the brands I have mentioned.

## VI. What are Alkyds?

For those of you who are not familiar with this paint, alkyds are much like oils, but the BIG difference is that they dry between 18 and 24 hours and can be mixed with oils. They use the same brushes and cleaning materials as oils. I use them quite frequently for glazing.

## VII. Painting mediums

I like to "speed up" the drying time of my oils and alkyds, especially if I want to layer colors (glazing). The best product I have found to use for this purpose is Gamblin Solvent-Free Gel. I have used Liquin in the past, but I have found that over time, this medium tends to become discolored and quite "gummy" to use.

## VIII. A Brief Background on me

I have been painting for over 40 years and I have been teaching for over 30 years. Teaching is my passion, second only to painting. In recent years (I'd say for the last 10-12 years), I have rediscovered the joys and challenges of painting en Plein air (painting in the out of doors.) I will bring samples of my work in which I have used an acrylic underpainting using a specific technique: using the complimentary colors of whatever the over painting color will be. I am so looking forward to meeting each of you, and help you to delve deeper into your individual voice as an artist!!

