

List of Supplies

Class: Bringing a Scene to Life: Plein Air Oil Painting

Instructor: Joshua Cunningham

Please bring to class the following items:

Outdoor Painting Easels

- There is no shortage of choices for outdoor painting easels like the classic French easel, a pochade box w/tripod, or Gloucester easel or any number of variations.
- I recommend going to a couple of stores like Wet Paint in St Paul, and/or Art Works Art and Frame in Excelsior MN, and Dick Blick on France Ave in Edina. Get a knowledgeable sales person and have you walk through a few different models.
- I primarily use a Mabef French Easel or a Guerilla Painter 9"x12" pochade box. Julian makes a fine French Easel also. I would avoid most others. Painting is challenging enough without working with poor equipment.

Oil Paints

There are many excellent paint companies; this is what I am currently using

- I use what is called a prismatic palate, which I learned from Joe Paquet

Holbein:

- Silver White (Lead White) or Titanium White
- Cadmium Yellow Lemon
- Cadmium Yellow Light
- Cadmium Yellow
- Cadmium Yellow Deep
- Cadmium Orange
- Cadmium Red Light
- Cadmium Red



- Alizarin Crimson
- Manganese Blue Nova (Hue)
- Cobalt Blue
- French Ultramarine Blue
- Ivory Black
- Phthalo Green

Old Holland

Raw Umber is used to prepare panels

- Mix with white and a bit of Gamsol to a tone similar to, but lighter than a paper grocery bag and apply as a wash thinly and evenly over canvas/linen panels at least 4-5 days before painting

Painting Mediums / Solvents

- Gamblin:
 - Poppy Oil, Refined Linseed Oil or Cold Pressed Linseed Oil
- Gamsol (solvent)
 - I begin with just a 25%/75% Oil to Gamsol mix going to a 'fatter' 50%/50% split of Gamsol in later stages of the painting. Either Poppy Oil or Linseed Oil. I often have them pre measured and mixed in different metal containers like a small well sealed container like a plastic bottle or hip/pocket flask.

Brushes

- Long Bristle Flats (2 of each) #2,#4,#6,#8,#10,#12 If your budget is limited – sizes 2,4, 6, and 8
- Richeson Grey Matter
- Robert Simmons - Signet
- Raphael - Series #359
- Smaller rounds can be nice for some finer things, but a corner edge of a flat will work.
- Raphael Kevrin Natural Hair Rounds
- Richeson Grey Matter Rounds - Bristle



Panels / Canvas

- Recommended Sizes in inches: 2 of the smaller and 2 of the larger – we start 4 (at least 2) of 5x7, 6x8, 8x10 , and at least (2) of 9x12 , 11x14 , 12x16
- Tara Fredrix Archival Canvas Board or Linen Board
- New Traditions Panels or Raymar Panels - Claessens Belgian Linen 12, 13 or 15

Additional Items

- Umbrella
 - Shade Buddy by Guerilla Painter (this is not the only solution)
 - Julian, EASyL, and Guerilla Painter offer some
- Palette
 - French easels and Pochades usually have one. Do not buy a tradition round one that you will hold. It is an additional thing to carry, and holding a palette all day will inevitably lead to pain.
- Palette Cup(s)
 - Avoid ones that narrow at the top – it can be tough for larger brushes
- Palette Knife
 - For the purposes of this workshop we will primarily use them for scrapping down the palette & paintings more than mark making or mixing.
- Sketchbook /Notebook
 - I would recommend one around 6x8 or 5x9 with the binding on the short for 'landscape' orientation. Spiral can be nice on location because the pages fold back, but they can get wonky in the backpack. Good for note taking too.
- Brush washer
 - I recommend one by Holbein
 - You get what you pay for and leaky brush washers are no fun.
- Brush Soap
 - Jack's Linseed Studio soap
 - Winsor & Newton – Brush Cleaner & Restorer (for the procrastinators) – be very careful with it
- Mirror
 - A plastic black mirror is good – but your smart phone can act like one.



- It is nice to freshen your eye by reversing your subject and your painting.
- Paper Towels
 - We use them for all sorts of things, so get good ones – I like Viva. They will be your paint eraser, your brush shaper, palette polisher, and your stain remover...
- Trash Bag
 - (small) the evil plastic bags from grocery and convenience stores like Target work well
- Backpack/Messenger Bag
 - Nothing too big, or else you will fill it with needless “just in case” items

Recommended “just in case” Items

- Bungee Cords, Duct Tape, a multi-tool like a leatherman
- A hat
 - It can be hard to see value and color with sunglasses. If it also shades your neck and ears, all the better.
- Bug Spray, Sunblock, lip balm
- Look at the forecast and dress for the day’s weather...not just the high or the low. Remember you will be standing/sitting still.
- Water Bottle
 - Some kind of water refillable bottle that you can drink from is preferable.

