

## List of Supplies

**Class:** Oil Painting Plein Air

**Instructor:** Neil Sherman

### Please bring to class the following items:

Think of this as a tool box versus a mere “list.” Essentially you will be “building” a painting and having the proper tools will make it that much easier for you to succeed.

#### Oil Paints:

WN= Windsor & Newton

OH= Old Holland

REM= Rembrandt

GAM= Gamblin

Fresh paints go a long way in helping you get the proper color for any scene. Try to avoid bringing your uncle’s 30 year old tubes of hand-me-down paints. The last thing you need while in the field is to be wrestling with ho to open the tubes with the caps that are dried shut.

These are profession grade paints and some are a bit pricey, but do the best you can in securing a tube of each (check EBay for an occasional deal). If budget is an issue, WN Winton is a less expensive, student grade paint (less pigment).

WN Titanium White or OH Flake white

OH or REM or GAM Cadmium Yellow Light

- OH is best, REM is next best, GAM is last and least expensive

WN Cadmium Yellow

WN Cadmium Orange

WN Cadmium Scarlet

WN Cadmium Red

WN Alizarin Crimson

OH or WN Manganese Blue

WN Cobalt Blue

WN Ultramarine Blue (same as French Ultramarine)

WN Ivory Black

#### Outdoor Easel

Second only to paint, the outdoor easel is an essential tool for painting. There are various brands and models to choose from such as Julian, Open Box M, EasyL and the Gorilla Box to name a few. The important commonalities these boxes have are that they are a secure, sturdy system for holding your canvas and palette. Julian French easels, for example, folds out from a suitcase size box to an easel that can hold all your paint, brushes, mediums, canvas, etc. What you should avoid is the rickety, stick easel that will blow over with the faintest breeze or anything that is dependent on duct tape or bungee cord.



# GRAND MARAIS ART COLONY

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Nurturing creativity on the North Shore of Lake Superior since 1947

## Mediums:

Turpenoid or Gamsol

## Misc:

### Palette

- Most palettes you buy at an art store or that are included in a French easel typically are not sealed, meaning any paint you put on the palette will soak into the wood grain and leave a permanent stain. To seal your palette, you can
  - 1. Get a varnish or sealant at your local hardware store and follow the instructions. This method is quick and easy.
  - 2. Apply a mixture of cold pressed linseed oil and turpenoid. Thin the linseed oil with the turpenoid enough so that it's just slightly runny. With a rag or paper towel, rub a generous amount onto the surface (front and back). Gently wipe off the excess and allow to dry. You will have to repeat that step 10 - 14 times to get an effective seal. Once completed, each time you clean your palette after using, micro layers of finish will build up and over time will develop a beautiful glossy, smooth finish.

### Palette Knife

### Palette cup (for turps)

Sun screen, bug spray, hat, backpack for misc. items and clothing (see note below about clothing), umbrella (optional - more for blocking the sun off your canvas than for blocking rain.)

## Brushes:

Flats: Some recommended brands: Rembrandt series 359, Robert Simmons "Signet." Brushes come numbered for various sizes: 2,4,6,8, etc. but those numbers and the corresponding sizes vary from brand to brand. What you will want is a good selection of different size brushes from small to large. Small being about 1/4" wide and large being 5/8" or 3/4" wide. I suggest at least two of each size from small to large.

## Canvas

9" x 12" up to 16" x 20". 11" x 14" and 12" x 16" are ideal sizes. Plan for using 2 per day.

- Frederix Brand makes inexpensive, quality painting panels. You should put a neutral brown tone (similar to a khaki pair of pants) over each canvas. A tone will allow for more accurate values in the beginning stages of painting. Raw Umber mixed with a bit of white and thinned with turp works well.

## Clothing:

Summer can sometimes be chilly in Grand Marais, especially by the lake, so be prepared with regular summer clothing plus: warm hat, warm coat, wind breaker/rain coat, warm gloves and sturdy shoes.



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